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| **Monday** | **Tuesday** | **Wednesday** |
| **First Start Family Centre**  **Inc Brightside/ Shiregreen**  441 Firth Park Road  Sheffield, S5 6HH  Tel: 0114 2039307  Baby Massage 1.15 – 2.15 (Bookable) | **Bumps and Babies Group** (NCT run)  St Andrews Community Hall  St Andrews Road, Netheredge  Sheffield, S11 9AL  Breastfeeding Drop In 10am – 12noon  Tel: 0114 2683520 | **Burngreave Family Centre**  19 Spital Street  Sheffield, S3 9LB  Tel: 0114 2525220  Baby Massage 12.30pm – 2pm |
| **Highfield Library**  (Sharrow Famiy Centre)  London Road  Sheffield, S2 4NF  Tel: 07815192290 (Shabnim Bashir)  Support Drop In 10am – 12noon | **Chancet Wood Family Centre**  Chancet Wood Drive  Sheffield, S8 7TR  Tel: 0114 2749512  Support Group 11.15am – 12.15pm | **First Start Family Centre**  441 Firth Park Road  Sheffield, S5 6HH  Tel: 0114 2039307  Support Drop In 10.30 – 11.30am |
| **Hillsborough Bowling Pavilion**  Hillsborough Park, Middlewood Road  Sheffield, S6 4HD  Tel: 0114 2052723 (**Primrose Family Centre**)  Support Drop In 1pm – 3pm | **Early Days Family Centre**  71 Palgrave Road  Parson Cross  Sheffield, S5 8GS  Tel: 0114 2503060  Support Group 10.00am-11.30am | **Lowedges Community Centre**  Gresley Road  Sheffield, S8 7HL  [Tel: 0114](Tel:0114) 2416968  Infant Feeding Group 11am – 12noon |
| **Hillsborough Library, Hillsborough Park**  Middlewood Road  Sheffield, S6 4HD  Tel: 0114 2052723 (Primrose Family Centre)  Baby Massage 9.30 – 11am (Bookable) | **Shortbrook Family Centre**  Com.Unity Centre, Westfield Centre  Sheffield, S20 8ND  Tel: 0114 2053635  Support group 12.30pm – 2.30pm | **Peekaboo Baby Toddler Group**  **(NCT run)**  St Paul’s Church, Norton Lees Lane  Sheffield S8 9BD  Tel: 07775 999249 (Sam)  Breastfeeding Support available 10am – 12noon |
| **Valley Park Family Centre**  Norton Avenue, Gleadless Valley  Sheffield, S14 1SL  Tel: 0114 2416968  Drop In 11.15am – 12.15am  Starting April 9th |  | **Primrose** **Family Centre**  Creswick Street  Sheffield, S6 2TN  Tel: 0114 2052723  Support group 10am – 12noon  (Twins support available |
|  |  | **Stradbroke Community Centre**  Richmond Road  Sheffield S13 8LT  Tel: 0114 2053635  Support group 12.15 – 2.15pm  Term Time only |
|  |  | **Wisewood Methodist Church**  Ben Lane  Sheffield, S6 4SB  Tel: 0114 2052723 (**Primrose Family Centre**)  Baby Massage 10am – 11.30am (Bookable) |
|  |  | **Wisewood Methodist Church**  Ben Lane  Sheffield, S6 4SB  Tel: 0114 2052723 (**Primrose Family Centre**)  Group/Cafe In 1pm – 3pm |

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| **Thursday** | **Friday** | **Other Useful Information** |
| **Angram Bank Family Centre**  Kinsey Road, High Green  Sheffield, S35 4HN  Tel: 0114 2846204  Support Group 12.30pm – 2.30pm  Baby Massage 11am – 12pm (bookable) | **Chancet Wood Family Centre**  Chancet Wood Drive  Sheffield, S8 7TR  Tel: 0114 2416968 (Valley Park Family Centre)  Support Drop In 10am – 11am | **C:\Users\Max\Documents\Breastfeeding 2014\Logos\Find us on Facebook.jpg**  **Contact our Facebook page for support and information**  **Breastfeeding in Sheffield** |
| **Christ Church Community Hall**  63 Sheffield Road  Hackenthorpe  Sheffield S12 4LR  Support Drop In 10am – 12noon  Tel: 07972166353 (Mandy)  07800566277 (Jo) | **Home-Start Hub**  267 Glossop Road  Near Sheff Uni Tramstop  Sheffield S10 2HB  Breastfeeding Drop In 10am – 11.30am  [Tel: 0114](Tel:0114) 2788377  Term Time only | toplogo  **Independent, confidential, mother-centred, non-judgmental breastfeeding support and information Open 9.30am – 9.30pm every single day of the year** |
| **Fulwood Old Chapel**  8 Whitley Lane  Fulwood  Sheffield S10 4GL  Tel: 0114 2053471  (Sharrow Family Centre)  Breastfeeding Group 10am – 12noon | **Trinity Church**  Chapel Street  Woodhouse  Sheffield, S13 7JW  Tel: 0114 2053635 (Shortbrook Family Centre)  Support Group 10am – 12noon | **C:\Users\Max\Documents\Breastfeeding 2014\Logos\Breastfeeding in sheffield logo.jpg**  **Visit** [**www.breastfeedinginsheffield.co.uk**](http://www.breastfeedinginsheffield.co.uk)  **For information about your breastfeeding journey** |
| **851 Play Café**  851 Ecclesall Road  Sheffield, S11 8TH  Tel: 0114 2052723  (Primrose Family Centre)  Breastfeeding Café 1.30pm – 3.30pm |  | **Baby Massage Sessions**  Most Family centres and link centres run Baby Massage Sessions in the week for information on the sessions please ring the centre to put your name on the waiting list as most courses are bookable |
| **Stocksbridge Family Centre**  648 Manchester Road, Stocksbridge, Sheffield, S36 1DY  Tel: 0114 2836930  Support Drop In 10am – 12noon |  |  |
| **Totley Rise Methodist Church**  Grove Road, Totley  Sheffield S17 4DJ  Tel: Tel: 0114 2053471 (Sharrow Family Centre)  Support drop In 11am – 12noon  First Thursday of every month |  |  |
| **Wybourn Family Centre**  224 Manor Oaks Road  Sheffield, S2 5EE  Tel: 0114 2727796  Support Group 10am – 12noon |  |  |

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