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| **Monday** | **Tuesday** | **Wednesday** |
| **Highfield Library**  (Sharrow Family Centre)  London Road  Sheffield, S2 4NF  Tel: 07815192290 (Shabnim Bashir)  Breastfeeding Drop In 10am – 12noon | **Bumps and Babies Group** (NCT run)  St Andrews Community Hall  St Andrews Road,  Netheredge  Sheffield, S11 9AL  Tel: 0114 2683520  Breastfeeding Drop In 10am – 12noon | **Manor Community Childcare Centre**  Play & Weigh clinic  33 Vikinglea Rd  Sheffield, S2 1BE  Tel: 0114 2735008 (Darnall Family Centre)  Breastfeeding Drop In 9.15am-11.15am |
| **Hillsborough Bowling Pavilion**  Hillsborough Park,  Middlewood Road  Sheffield, S6 4HD  Tel: 0114 2052723 (Primrose Family Centre)  Breastfeeding Group In 1pm – 3pm | **Early Days Family Centre**  71 Palgrave Road  Parson Cross  Sheffield, S5 8GS  Tel: 0114 2503060  Breastfeeding Group 10.00-11.30am | **Newfield Green Clinic**  541 Gleadless Road  Sheffield S2 2BS  Tel: 0114 2416968  Breastfeeding Drop In 10am – 11am  (During Stay, Weigh and Play Session) |
| **Lowedges Community Centre**  Gresley Road  Sheffield, S8 7HL  [Tel: 0114](Tel:0114) 2416968  Breastfeeding Group 10.30 – 11.30am  (During Stay, Weigh and Play Session) | **851 Play Café**  851 Ecclesall Road  Sheffield, S11 8TH  Tel: 0114 2053471  (Sharrow Family Centre)  Breastfeeding Drop In 1.30pm – 3.30pm | **Primrose** **Family Centre**  Creswick Street  Sheffield, S6 2TN  Tel: 0114 2052723  Breastfeeding Group 10am – 12noon  (Twins support available} |
| **Tinsley Community Centre**  1B Ingfield Avenue  Sheffield, S9 1WZ  Tel: 0114 2735008 (Darnall Family Centre)  Breastfeeding & Health Visitor Drop In 1pm – 3pm | **Shortbrook Family Centre**  Com.Unity Centre,  Westfield Centre  Sheffield, S20 8ND  Tel: 0114 2053635  Breastfeeding Group 12.30 – 2.30pm | **Stradbroke Community Centre**  Richmond Road  Sheffield, S13 8LT  Tel: 0114 2053635  Breastfeeding group 10am – 12noon  Term Time only |
|  | **Springs Leisure Centre**  East Bank Road  Sheffield, S2 2AL  Tel: 0114 2735008 (Darnall}  0114 2749512 (Valley}  Breastfeeding Group 1pm – 2.30pm  Term-Time only | **Peekaboo Baby Toddler Group**  **(NCT run)**  St Paul’s Church, Norton Lees Lane  Sheffield, S8 9BD  Tel: 07775 888249 (Sam)  Breastfeeding Support available  10am – 12noon |
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| **Thursday** | **Friday** | **Other Useful Information** |
| **Angram Bank Family Centre**  Kinsey Road,  High Green  Sheffield, S35 4HN  Tel: 0114 2846204  07837 304070 (Donna)  Breastfeeding Group 12.30 – 2.30pm  Baby Massage 11am – 12pm (Bookable) | **Shooters Grove Family Centre**  248 Wood Lane,  Stannington,  Sheffield S6 5HN  Tel: 0114 2039082 (Shooters Grove)  0114 2052723 (Primrose Family Centre)  Breastfeeding Drop In 1.30 – 2.30pm | **C:\Users\Max\Documents\Breastfeeding 2014\Logos\Find us on Facebook.jpg**  **Contact our Facebook page for support and information**  **Breastfeeding in Sheffield** |
| **Batemoor and Jordanthorpe Community Centre**  450 Dyche Lane  Sheffield S8 8BT  Tel: 0114 2416968  Breastfeeding Drop In 1.15 – 2.45pm  (During Weigh and Play Session) | **Trinity Church**  Chapel Street  Woodhouse  Sheffield, S13 7JW  Tel: 0114 2053635 (Shortbrook Family Centre)  Breastfeeding Group 10am – 12noon | toplogo  **Independent, confidential, mother-centred, non-judgmental breastfeeding support and information Open 9.30am – 9.30pm every single day of the year** |
| **Christ Church Community Hall**  63 Sheffield Road  Hackenthorpe  Sheffield, S12 4LR  Breastfeeding Drop In 10am – 12noon  Tel: 07891 587518 (Lindsay) | **Valley Park Family Centre**  100 Norton Avenue  Sheffield, S14 1SL  Tel: 0114 2416968  Breastfeeding Group 1 – 2pm  Starts September 19th 2019 | **C:\Users\Max\Documents\Breastfeeding 2014\Logos\Breastfeeding in sheffield logo.jpg**  **Visit** [**www.breastfeedinginsheffield.co.uk**](http://www.breastfeedinginsheffield.co.uk)  **For information about your breastfeeding journey** |
| **Fulwood Old Chapel**  8 Whitley Lane  Fulwood  Sheffield, S10 4GL  Tel: 0114 2053471  (Sharrow Family Centre)  Breastfeeding Group 10am – 12noon |  | **Infant Feeding Support Workers**  **Work closely with Midwives and Health Visitors. They are available to offer information and support to all families during the Antenatal and Postnatal period around feeding, caring and bonding with your baby. They can call you, or you can come along to your local**  **Family Centre and meet them** |
| **Stocksbridge Centre**  648 Manchester Road,  Stocksbridge,  Sheffield, S36 1DY  Tel: 0114 2836930  Breastfeeding Drop In 10am – 12noon |  | **Baby Massage Sessions**  **Most Family Centres run Baby Massage Sessions in the week, for information on the sessions please ring the centre to put your name on the waiting list as most courses are bookable.** |
| **Wybourn Family Centre**  224 Manor Oaks Road  Sheffield, S2 5EE  Tel: 0114 2727796  Breastfeeding Group 10am – 11.30am |  | **La Leche League**  **At the end of May, LLL are hoping to set up regular 2 weekly breastfeeding groups at the same time each month.**  **Contact Katie on 07598 246802**  **La Leche League GB National Helpline: 0345 1202918** |

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