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| **Monday** | **Tuesday** | **Wednesday** |
| **First Start Family Centre**  **Inc Brightside/ Shiregreen**  441 Firth Park Road  Sheffield, S5 6HH  Tel: 0114 2039307  Baby Massage 1.15 – 2.15 (Bookable) | **Bumps and Babies Group** (NCT run)  St Andrews Community Hall  St Andrews Road,  Netheredge  Sheffield, S11 9AL  Tel: 0114 2683520  Breastfeeding Drop In 10am – 12noon | **Manor Community Childcare Centre**  Play & Weigh clinic  33 Vikinglea Rd  Sheffield, S2 1BE  Tel: 0114 2735008 (Darnall Family Centre)  Drop In 9.15am-11.15am |
| **Highfield Library**  (Sharrow Famiy Centre)  London Road  Sheffield, S2 4NF  Tel: 07815192290 (Shabnim Bashir)  Support Drop In 10am – 12noon | **Chancet Wood Family Centre**  Chancet Wood Drive  Sheffield, S8 7TR  Tel: 0114 2749512  Support Group 10.30am – 11.30am | **Primrose** **Family Centre**  Creswick Street  Sheffield, S6 2TN  Tel: 0114 2052723  Support group 10am – 12noon  (Twins support available} |
| **Hillsborough Bowling Pavilion**  Hillsborough Park,  Middlewood Road  Sheffield, S6 4HD  Tel: 0114 2052723 (Primrose Family Centre)  Support Drop In 1pm – 3pm | **Early Days Family Centre**  71 Palgrave Road  Parson Cross  Sheffield, S5 8GS  Tel: 0114 2503060  Support Group 10.00am-11.30am | **Stradbroke Community Centre**  Richmond Road  Sheffield, S13 8LT  Tel: 0114 2053635  Support group 10am – 12noon  Term Time only |
| **Hillsborough Library, Hillsborough Park**  Middlewood Road  Sheffield, S6 4HD  Tel: 0114 2052723 (Primrose Family Centre)  Baby Massage 9.30 – 11am (Bookable) | **851 Play Café**  851 Ecclesall Road  Sheffield, S11 8TH  Tel: 0114 2053471  (Sharrow Family Centre)  Breastfeeding Café 1.30pm – 3.30pm  Closed from 21/12 to 7/1 | **Peekaboo Baby Toddler Group**  **(NCT run)**  St Paul’s Church, Norton Lees Lane  Sheffield, S8 9BD  Tel: 07775 888249 (Sam)  Breastfeeding Support available  10am – 12noon |
| **Lowedges Community Centre**  Gresley Road  Sheffield, S8 7HL  [Tel: 0114](Tel:0114) 2416968  Breastfeeding Group 10.30am – 11.30am | **Primrose** **Family Centre**  Creswick Street  Sheffield, S6 2TN  Tel: 0114 2052723  Baby Massage 10am-11.30am (Bookable) |  |
| **Tinsley Community Centre**  1B Ingfield Avenue  Sheffield, S9 1WZ  Tel: 0114 2735008 (Darnall Family Centre)  Breastfeeding & Health Visitor Drop In 1pm – 3pm | **Shortbrook Family Centre**  Com.Unity Centre,  Westfield Centre  Sheffield, S20 8ND  Tel: 0114 2053635  Support group 12.30pm – 2.30pm |  |
|  | **Springs Leisure Centre**  East Bank Road  Sheffield, S2 2AL  Tel: 0114 2735008 (Darnall}  0114 2749512 (Valley}  Support Group 1pm – 2.45pm |  |
|  | **Valley Park Family Centre**  Norton Avenue,  Gleadless Valley  Sheffield, S14 1SL  Tel: 0114 2416968  Please call Valley Park for times as there are changes each term. |  |

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| **Thursday** | **Friday** | **Other Useful Information** |
| **Angram Bank Family Centre**  Kinsey Road,  High Green  Sheffield, S35 4HN  Tel: 0114 2846204  07837 304070(Donna)  Support Drop In 12.30pm – 2.30pm  Baby Massage 11am – 12pm (Bookable) | **Chancet Wood Family Centre**  Chancet Wood Drive  Sheffield, S8 7TR  Tel: 0114 2416968 (Valley Park Family Centre)  Support Drop In 10am – 11am | **C:\Users\Max\Documents\Breastfeeding 2014\Logos\Find us on Facebook.jpg**  **Contact our Facebook page for support and information**  **Breastfeeding in Sheffield** |
| **Christ Church Community Hall**  63 Sheffield Road  Hackenthorpe  Sheffield, S12 4LR  Support Drop In 10am – 12noon  Tel: 07972166353 (Mandy)  07800566277 (Jo) | **Stocksbridge Linked Centre**  648 Manchester Road, Stocksbridge,  Sheffield, S36 1DY  Tel: 0114 2836930  Baby Massage 1pm-2.30pm (Bookable) | toplogo  **Independent, confidential, mother-centred, non-judgmental breastfeeding support and information Open 9.30am – 9.30pm every single day of the year** |
| **Fulwood Old Chapel**  8 Whitley Lane  Fulwood  Sheffield, S10 4GL  Tel: 0114 2053471  (Sharrow Family Centre)  Breastfeeding Group 10am – 12noon | **Trinity Church**  Chapel Street  Woodhouse  Sheffield, S13 7JW  Tel: 0114 2053635 (Shortbrook Family Centre)  Support Group 10am – 12noon | **C:\Users\Max\Documents\Breastfeeding 2014\Logos\Breastfeeding in sheffield logo.jpg**  **Visit** [**www.breastfeedinginsheffield.co.uk**](http://www.breastfeedinginsheffield.co.uk)  **For information about your breastfeeding journey** |
| **Stocksbridge Linked Centre**  648 Manchester Road,  Stocksbridge,  Sheffield, S36 1DY  Tel: 0114 2836930  Support Drop In 10am – 12noon |  | **Infant Feeding Support Workers**  **Work closely with Midwives and Health Visitors. They are available to offer information and support to all families during the Antenatal and Postnatal period around feeding, caring and bonding with your baby. They can call you, or you can come along to your local**  **Family Centre and meet them** |
| **Wybourn Family Centre**  224 Manor Oaks Road  Sheffield, S2 5EE  Tel: 0114 2727796  Support Group 10am – 11.30am |  | **Baby Massage Sessions**  **Most Family Centres run Baby Massage Sessions in the week, for information on the sessions please ring the centre to put your name on the waiting list as most courses are bookable.** |
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