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| **Monday**  | **Tuesday** | **Wednesday**  |
| **First Start Family Centre****Inc Brightside/ Shiregreen**441 Firth Park RoadSheffield, S5 6HHTel: 0114 2039307Baby Massage 1.15 – 2.15 (Bookable) | **Bumps and Babies Group** (NCT run)St Andrews Community HallSt Andrews Road,NetheredgeSheffield, S11 9ALTel: 0114 2683520Breastfeeding Drop In 10am – 12noon | **Manor Community Childcare Centre**Play & Weigh clinic 33 Vikinglea RdSheffield, S2 1BETel: 0114 2735008 (Darnall Family Centre)Drop In 9.15am-11.15am |
| **Highfield Library** (Sharrow Famiy Centre)London RoadSheffield, S2 4NFTel: 07815192290 (Shabnim Bashir)Support Drop In 10am – 12noon | **Chancet Wood Family Centre**Chancet Wood DriveSheffield, S8 7TRTel: 0114 2749512Support Group 10.30am – 11.30am | **Primrose** **Family Centre**Creswick StreetSheffield, S6 2TNTel: 0114 2052723Support group 10am – 12noon(Twins support available} |
| **Hillsborough Bowling Pavilion**Hillsborough Park,Middlewood RoadSheffield, S6 4HDTel: 0114 2052723 (Primrose Family Centre)Support Drop In 1pm – 3pm | **Early Days Family Centre**71 Palgrave RoadParson CrossSheffield, S5 8GSTel: 0114 2503060Support Group 10.00am-11.30am | **Stradbroke Community Centre**Richmond RoadSheffield, S13 8LTTel: 0114 2053635Support group 10am – 12noonTerm Time only |
| **Hillsborough Library, Hillsborough Park**Middlewood RoadSheffield, S6 4HDTel: 0114 2052723 (Primrose Family Centre)Baby Massage 9.30 – 11am (Bookable) | **851 Play Café**851 Ecclesall RoadSheffield, S11 8THTel: 0114 2053471(Sharrow Family Centre)Breastfeeding Café 1.30pm – 3.30pmClosed from 21/12 to 7/1 | **Peekaboo Baby Toddler Group****(NCT run)**St Paul’s Church, Norton Lees LaneSheffield, S8 9BDTel: 07775 888249 (Sam)Breastfeeding Support available10am – 12noon |
| **Lowedges Community Centre**Gresley RoadSheffield, S8 7HLTel: 0114 2416968Breastfeeding Group 10.30am – 11.30am | **Primrose** **Family Centre**Creswick StreetSheffield, S6 2TNTel: 0114 2052723Baby Massage 10am-11.30am (Bookable) |  |
| **Tinsley Community Centre**1B Ingfield AvenueSheffield, S9 1WZ Tel: 0114 2735008 (Darnall Family Centre)Breastfeeding & Health Visitor Drop In 1pm – 3pm | **Shortbrook Family Centre**Com.Unity Centre,Westfield CentreSheffield, S20 8NDTel: 0114 2053635Support group 12.30pm – 2.30pm |  |
|  | **Springs Leisure Centre**East Bank RoadSheffield, S2 2ALTel: 0114 2735008 (Darnall}0114 2749512 (Valley}Support Group 1pm – 2.45pm |  |
|  | **Valley Park Family Centre**Norton Avenue,Gleadless ValleySheffield, S14 1SLTel: 0114 2416968Please call Valley Park for times as there are changes each term. |  |

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| **Thursday** | **Friday**  | **Other Useful Information** |
| **Angram Bank Family Centre**Kinsey Road,High GreenSheffield, S35 4HNTel: 0114 284620407837 304070(Donna)Support Drop In 12.30pm – 2.30pmBaby Massage 11am – 12pm (Bookable) | **Chancet Wood Family Centre**Chancet Wood DriveSheffield, S8 7TRTel: 0114 2416968 (Valley Park Family Centre)Support Drop In 10am – 11am | **C:\Users\Max\Documents\Breastfeeding 2014\Logos\Find us on Facebook.jpg****Contact our Facebook page for support and information****Breastfeeding in Sheffield** |
| **Christ Church Community Hall**63 Sheffield RoadHackenthorpeSheffield, S12 4LRSupport Drop In 10am – 12noonTel: 07972166353 (Mandy)07800566277 (Jo) | **Stocksbridge Linked Centre**648 Manchester Road, Stocksbridge,  Sheffield, S36 1DYTel: 0114 2836930Baby Massage 1pm-2.30pm (Bookable) | toplogo**Independent, confidential, mother-centred, non-judgmental breastfeeding support and informationOpen 9.30am – 9.30pm every single day of the year** |
| **Fulwood Old Chapel**8 Whitley LaneFulwoodSheffield, S10 4GLTel: 0114 2053471(Sharrow Family Centre)Breastfeeding Group 10am – 12noon | **Trinity Church**Chapel StreetWoodhouseSheffield, S13 7JWTel: 0114 2053635 (Shortbrook Family Centre)Support Group 10am – 12noon | **C:\Users\Max\Documents\Breastfeeding 2014\Logos\Breastfeeding in sheffield logo.jpg****Visit** [**www.breastfeedinginsheffield.co.uk**](http://www.breastfeedinginsheffield.co.uk)**For information about your breastfeeding journey** |
| **Stocksbridge Linked Centre**648 Manchester Road,Stocksbridge,Sheffield, S36 1DYTel: 0114 2836930Support Drop In 10am – 12noon |  | **Infant Feeding Support Workers****Work closely with Midwives and Health Visitors. They are available to offer information and support to all families during the Antenatal and Postnatal period around feeding, caring and bonding with your baby. They can call you, or you can come along to your local****Family Centre and meet them** |
| **Wybourn Family Centre**224 Manor Oaks RoadSheffield, S2 5EETel: 0114 2727796Support Group 10am – 11.30am |  | **Baby Massage Sessions****Most Family Centres run Baby Massage Sessions in the week, for information on the sessions please ring the centre to put your name on the waiting list as most courses are bookable.** |
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