

Support Groups



Jan - Mar 2023

Please do not turn up at any of these groups without booking a place first via Eventbrite or telephone

Monday	Tuesday	Wednesday
Greenhill Methodist Church School Lane, Sheffield S8 7RL Contact Shortbrook Family Centre on 0114 2053635 10am - 11:30am	NCT Bumps and Babies Common Ground Community Centre, Woodstock Road, Sheffield S7 1GR Contact 0300 330 0700 10am - 12pm	Christ Church 63 Church Road, Hackenthorpe, Sheffield S12 4LR Contact Shortbrook Family Centre on 0114 2053635 12pm - 2pm
Bradbury Makers Shed, Coach House Project Hillsborough Park, Middlewood Road, Sheffield S6 4HG Contact Primrose Family Centre on 0114 2052723 1pm - 3pm	Early Days Family Centre 71 Palgrave Road, Sheffield S5 8GS Contact 0114 2734916 11:30am - 12:30pm	Costa Coffee at Next St James' Retail Park, Meadowhead, Sheffield S8 8BR Contact Valley Park Family Centre on 0114 2416968 Weekly Drop-in 10am - 11am
	Darnall Family Centre 563 Staniforth Road, Sheffield S9 4RA Contact 0114 2735008 11am - 1pm	Carterknowle Methodist Church 1 Edgedale Road, Sheffield S7 2BQ Contact Sharrow Family Centre on 0114 2053471 1:15pm - 2:15pm
	Heeley City Farm Richards Road, Sheffield S2 3DT Contact Sharrow Family Centre on 0114 2053471 11am - 12:30pm	Zorro Lounge 6 Fox Valley Way, Stocksbridge, Sheffield S36 2AE Contact Primrose Family Centre on 0114 2052723 Second Weds of every month 13:30 - 14:30pm
	Primrose Family Centre Creswick Street, Sheffield S6 2TN Contact 0114 2052723 10am - 11:30am	Shirebrook Valley Nature Park Walk and Talk Book online via Eventbrite http://sheffield-family-centres.eventbrite.com Contact Shortbrook Family Centre on 0114 2053635 10am - 11am
	Shortbrook Family Centre First Floor, Shortbrook Primary School Site, Westfield Northway, Sheffield S20 8FB Contact First Start Family Centre on 0114 2053635 1pm - 2:30pm	
	Riva Centre 77 Laird Road, Wisewood, Sheffield S6 4AS Contact Primrose Family Centre on 0114 2052723 13:00 - 14:30pm	
	Hillsborough Park Walk and Talk Book online via Eventbrite http://sheffield-family-centres.eventbrite.com Contact Primrose Family Centre on 01142052723 10:30am - 11:30am	
	Online Group Book online via Eventbrite http://sheffield-family-centres.eventbrite.com 5pm - 6pm Breastfeeding support with Emma	

Support Groups



Jan - Mar 2023

Please do not turn up at any of these groups without booking a place first via Eventbrite or telephone

Thursday	Friday	Useful Information
Sharrow Family Centre Highfield Library, London Road, Sheffield S2 4NF Contact 0114 2053471 9:30am - 10:30am	Valley Park Family Centre 100 Norton Avenue, Sheffield S14 1SL Contact 0114 2416968 10am - 11am	 Contact our Breastfeeding in Sheffield Facebook page for support and information
Primrose Family Centre Creswick Street, Sheffield S6 2TN Contact 0114 2052723 10am - 11:30am	Stocksbridge Family Centre 648 Manchester Road, Sheffield S36 1DY Contact 0114 2836939 10am - 11:30am	 Visit www.breastfeedinginsheffield.co.uk for information about your breastfeeding journey
Feeding Matters Drop In (Association of Breastfeeding Mothers) The Snug, 71 Leadmill Road, Sheffield S1 4SE See Feeding Matters @The Snug on Facebook 10am - 11:30am	Sharrow Family Centre Highfield Library, London Road, Sheffield S2 4NF Contact 0114 2053471 Play and Stay with breastfeeding support 10:30am - 11:30am	 Open 9:30am - 9:30pm every day of the year
Fulwood Old Church 8 Whiteley Lane, Sheffield S10 4GL Contact Sharrow Family Centre on 0114 2053471 10am - 12pm	First Start Family Centre 441 Firth Park Road, Sheffield S5 6HH Contact 0114 2039307 11:30am - 12:30pm	Infant Feeding Peer Support Workers Work closely with midwives and health visitors. They offer information and support to all families during the antenatal and postnatal period around feeding, caring and bonding with your baby. They can call you or you can meet them at your local Family Centre.
Wybourn Family Centre 224 Manor Oaks Road, Sheffield S2 5EE Contact Darnall Children's Centre on 0114 2735008 11:30am - 1:30pm	Springs Leisure Centre East Bank Road, Sheffield S2 2AL Contact Darnall Family Centre on 0114 2735008 12:30pm - 1:30pm	 Sheffield Family Centres Baby Massage Sessions Most Family Centres run Baby Massage sessions during the week. For information on the sessions, please contact the Centre to put your name on the waiting list
Stradbroke Community Centre Richmond Road, Sheffield S13 8LT Contact First Start Family Centre on 0114 2053635 12pm - 1:30pm		La Leche League Sheffield For information on their breastfeeding support visit https://lalecheleaguesheffield.wordpress.com or see their Facebook page @LaLecheLeagueSheffield
Angram Bank Family Centre 1 Kinsey Road, High Green, Sheffield S35 4HN Contact 0114 2846204 12:30pm - 2pm		
The Meadow Children's Centre 349 Shirecliffe Road, Sheffield S5 8XJ Contact First Start Family Centre on 0114 2039307 1:30pm - 2:30pm		
Norfolk Park Walk and Talk Book online via Eventbrite http://sheffield-family-centres.eventbrite.com or Contact Darnall Family Centre on 0114 2735008 10am - 11am		